

## mobee® fit, mobee® med ... or both?

**mobee med** Are you a medical or therapeutic specialist?

**mobee® med** supports you in the assessment of joint and trunk flexibility. Functioning as your digital companion, the system visualizes the therapeutic progress and shows even minor steps towards success. Therapists benefit from standardized procedures and efficient documentation.

**mobee fit** Are you, as a health service provider, positioned in the field of preventive services?

**mobee® fit** assesses the mobility of relevant muscle groups and identifies deficits as well as asymmetries. Thanks to the easy-to-understand progression analysis as well as individual training recommendations, it is the ideal basis with which you can plan interventions to enhance and promote mobility.

Would you like to approach the topic of mobility both **therapeutically** and **preventively** and digitize it?

Become a **MOBILITY EXPERT** with this product combination

**One Measuring system – two software modules – one platform!**



You will receive a measuring system with which you can operate both mobee®med and mobee®fit and use all advantages equally. With this combination of mobee®med and mobee®fit you can achieve optimal therapeutic and economic success.

You also have the option of combining it with the BackScan® back expert tool for 3D analysis of the posture and shape of the spine with 3D animation.

All systems run on a common software platform: **mobee® 360**.

**On the following page we help you to find the optimal measuring system using a direct comparison.**

Of course, we are also happy to support you personally in selecting the most suitable measuring system for your needs.

How to reach the mobee® 360 expert team: tel. +49 6561 6977172 and [info@mobee.de](mailto:info@mobee.de)

All information about mobee® 360 can also be found on the Internet at [www.mobee.de](http://www.mobee.de).

# Target groups, areas of application & special feature

**mobee med**



**mobee fit**



<b>Description</b>	Documentation and evaluation of joint mobility using the Neutral Zero Method	Visualization of muscular mobility deficits and training recommendations
<b>Target groups</b>	<ul style="list-style-type: none"> <li>• Physicians, physiotherapists, health professionals</li> <li>• Practices and clinics</li> <li>• Coaches of competitive and ambitious hobby athletes</li> <li>• Education &amp; research institutions</li> </ul>	<ul style="list-style-type: none"> <li>• Fitness and health facilities</li> <li>• Personal trainers</li> <li>• Providers of prevention measures and occupational health management services</li> <li>• Personal trainers and coaches in professional and amateur sports</li> <li>• Education institutions</li> </ul>
<b>Fields of application</b>	<ul style="list-style-type: none"> <li>• Manual therapy &amp; physiotherapy</li> <li>• Sports medicine &amp; performance diagnostics</li> <li>• Rehabilitation and pain therapy</li> <li>• Orthopaedics and trauma medicine</li> <li>• Education and studies</li> <li>• Science and research</li> <li>• Proof of success in the medical self-payer sector</li> </ul>	<ul style="list-style-type: none"> <li>• Training control and success measurement</li> <li>• Company fitness and company sport</li> <li>• Health checks and studies</li> <li>• Personal training and coaching</li> <li>• Customer acquisition and customer retention</li> <li>• Occupational health management/ workplace health promotion</li> <li>• Prevention in health care</li> <li>• Education and studies</li> </ul>
<b>Characteristics</b>	<ul style="list-style-type: none"> <li>• Medical device</li> <li>• Extensive measurement catalogue with 142 measurement options (active/passive)</li> <li>• Marking of pain areas</li> <li>• Meaningful and appropriate evaluation for the target group (expert/patient)</li> <li>• Documentation of therapy progressions</li> </ul>	<ul style="list-style-type: none"> <li>• Can be used immediately thanks to intuitive operation</li> <li>• Easy tests</li> <li>• Results shown in a traffic light system</li> <li>• Individual exercise selection and training recommendations</li> <li>• Easy to understand progress display</li> </ul>
<b>Combination</b>	<p><b>The MOBILITY EXPERT</b></p> <p>The mobility expert provides you with all the tools you need for an analysis of trunk and joint mobility using the Neutral Zero Method as well as for a training-oriented muscular mobility analysis. You can mix your selection according to your own needs from a catalogue of over 140 individual tests of various joints and body parts as well as 11 tests of muscle regions relevant to health.</p>	



With **mobee® med** you record joint mobility as well as relevant additional information, e.g. on pain and end feeling. You can use the extensive evaluation and documentation of your measurement results, for example, in the context of your further therapeutic measures and for communication with referring physicians, health insurance companies or other treatment providers.

With **mobee® fit** you get a clear presentation of the measurement results that can boost your sales. You create a demand for mobility training, prove the success of your training measures and give your customers results-based training recommendations to apply at the gym, office and at home.